Rimon Jewish Primary School

Allergy Safety Policy

School Name & DfE Number	Rimon Jewish Primary (DfE: 302/2004) — JCAT
Allergy Lead & SENDCO / DSL	Mrs Jane Elliott (SENDCO & Allergy Lead)
Designated Safeguarding Lead (DSL)	Mrs Sarah Simmons (Headteacher & DSL)
Date Reviewed / Adopted	September 2026
Date of Next Review	September 2027 (Annual Review Cycle)
Statutory & Local Framework	Keeping Children Safe in Education 2026, Working Together to Safeguard Children 2026, DfE Allergy Safety in Schools (2026), Benedict's Law (2026), and Barnet Safeguarding Children Partnership procedures

Policy Review & Governance Sign-Off

This policy will be reviewed at least annually by the Governing Body of Rimon Jewish Primary School and the Jewish Community Academy Trust (JCAT). It will also be reviewed sooner where there are changes to legislation, statutory guidance, local safeguarding arrangements, or school practice.

This policy has been prepared with regard to Keeping Children Safe in Education 2026, Working Together to Safeguard Children 2026, Department for Education statutory guidance on Allergy Safety in Schools (2026), and the procedures of the Barnet Safeguarding Children Partnership (London Borough of Barnet).

Headteacher	Chair of Governors
Name: Mrs Sarah Simmons Signature: Sarah Simmons Date: November 2026	Name: Mr Alex Brodkin and Mrs Caroline Addlestone Signature: Alex Brodkin Caroline Addlestone Date: November 2026

1. Policy Statement

Rimon Jewish Primary School is committed to providing a safe, inclusive, and supportive learning environment for all pupils, including those with food allergies and other severe allergies that may place them at risk of anaphylaxis.

We recognise that allergic reactions can occur rapidly and may be life-threatening. We therefore take all reasonable, proactive steps to minimise risk whilst ensuring that children with allergies are able to participate fully and safely in every aspect of school life, including Kashrut-compliant catering, Jewish festival celebrations, curriculum enrichment, and educational visits.

This policy complies with and has due regard to:

- Benedict's Law (2026)
- Department for Education — Allergy Safety in Schools (2026)
- Keeping Children Safe in Education (2026)
- Supporting Pupils at School with Medical Conditions (statutory guidance)
- Equality Act 2010
- Children and Families Act 2014
- Health and Safety at Work etc. Act 1974

2. Aims

The aims of this policy at Rimon Jewish Primary School are to:

- safeguard pupils with allergies and medical conditions across the school day and extended provision;
- reduce the risk of accidental exposure and allergic reactions through robust, risk-aware procedures;
- ensure all staff, governors, catering personnel, and external providers understand their roles and responsibilities;
- maintain clear, immediate, and effective emergency response procedures;
- promote full inclusion so pupils with allergies never feel isolated or excluded; and
- ensure full compliance with statutory guidance and JCAT trust standards.

3. Roles and Responsibilities

Governing Body & JCAT

The Governing Body will ensure:

- appropriate allergy management and medical arrangements are in place across Rimon Jewish Primary School;
- this policy is reviewed and ratified at least annually;
- sufficient staff receive appropriate, accredited allergy and anaphylaxis training;
- appropriate resources and emergency medication supplies are maintained; and
- regular governance monitoring of allergy safety and incident reviews takes place.

Headteacher

The Headteacher (Mrs Sarah Simmons) will ensure:

- this policy is effectively implemented and embedded in daily school practice;
- all staff receive allergy and anaphylaxis training (and induction training for new starters);

- Individual Healthcare Plans (IHPs) are maintained, accessible, and regularly reviewed;
- suitable prescribed and spare emergency medication is securely stored and readily available; and
- any allergic incidents or near misses are thoroughly investigated, logged, and reviewed.

Allergy Lead

The Allergy Lead Mrs Jane Elliott will:

- maintain an accurate, up-to-date whole-school Allergy Register (linked to Arbor MIS);
- oversee the creation, distribution, and annual review of Individual Healthcare Plans (IHPs);
- monitor expiry dates of all prescribed and spare Adrenaline Auto-Injectors (AAIs) each term;
- coordinate annual whole-staff allergy and AAI administration training;
- liaise closely with parents, carers, the school nursing team, and healthcare professionals; and
- review all allergy incidents and near misses to identify learning and strengthen preventative controls.

All Staff

All teaching, support, office, and site staff will:

- know which pupils in their classes and across the school have severe allergies;
- understand the signs and symptoms of mild, moderate, and severe allergic reactions (anaphylaxis);
- know exactly where prescribed and spare emergency medication is stored;
- act immediately and follow emergency procedures without delay during a suspected reaction;
- adhere strictly to pupils' Individual Healthcare Plans; and
- attend annual allergy awareness and practical AAI training.

Parents and Carers

Parents and carers are responsible for:

- informing the school immediately upon admission—or upon any new diagnosis—of their child's allergies;
- providing written medical evidence and an official BSACI / NHS Allergy Action Plan from a healthcare professional;
- supplying two in-date, clearly labelled prescribed Adrenaline Auto-Injectors (AAIs) where prescribed, and replacing them promptly before expiry;
- informing the school immediately of any changes to their child's allergy status, triggers, or prescribed medication; and
- complying with any school communications about permitted snacks at Rimon.

4. Identifying Pupils with Allergies

Parents and carers must notify Rimon Jewish Primary School immediately if their child has:

- food allergies (including nuts, sesame, dairy, egg, fish, soya, wheat, or other allergens);
- insect sting allergies;
- medication allergies;
- latex allergy; or
- any other allergy requiring antihistamine or emergency adrenaline treatment.

An Individual Healthcare Plan (IHP) will be developed in partnership with parents and relevant healthcare professionals before the child commences attendance at school (or immediately following a new diagnosis).

5. Individual Healthcare Plans (IHPs)

Each pupil at risk of anaphylaxis will have a personalised Individual Healthcare Plan (IHP) which includes:

- clear pupil identification (including photograph) and specific allergy/trigger details;
- recognisable signs and symptoms of mild/moderate and severe reactions;
- prescribed medication names, dosages, and step-by-step administration instructions;
- emergency response procedures and ambulance protocol;
- up-to-date parental/carer emergency contacts; and
- healthcare professional advice and signed parental consent.

Individual Healthcare Plans will be formally reviewed:

- at least annually (every September);
- immediately following any allergic reaction or near-miss incident; and
- whenever medical advice, medication dosage, or parental information changes.

6. Adrenaline Auto-Injectors (AAIs)

Pupils prescribed an Adrenaline Auto-Injector (AAI) must have immediate access to it at all times throughout the school day.

Rimon Jewish Primary School will:

- maintain pupils' individually prescribed AAIs in designated, unlocked, rapidly accessible medical stations;
- hold emergency spare AAIs on site (with written parental consent recorded in the IHP);
- audit and record all medication expiry dates at least once each term; and
- notify parents in advance so expired medication is replaced promptly.

All emergency medication will be stored:

- safely out of reach of young children, yet never locked away;
- clearly labelled with the pupil's name, class, photograph, and IHP; and
- in central, well-signposted locations known to all staff.

Spare Adrenaline Auto-Injectors will only be administered to pupils with a known allergy diagnosis and written parental/medical authorisation in accordance with current Department for Education guidance, and do not replace the requirement for parents to provide their child's own prescribed AAIs.

7. Preventing Allergic Reactions

To minimise the risk of accidental allergen exposure across Rimon Jewish Primary School, the school will:

- identify all pupils with allergies and maintain an accessible Allergy Register;
- share essential allergy information with all relevant teaching, support, office, and catering staff;
- inform all parents about the risks of allergen exposure and ensure that any snacks brought on site, whether during or outside school hours, comply with this policy;
- assess allergen risks prior to curriculum activities, cooking, and Jewish festival food experiences;
- incorporate allergy management into risk assessments for all educational visits and off-site events;
- minimise exposure to known high-risk allergens across classrooms, dining areas, and shared spaces;
- Ensure thorough handwashing before and after eating;
- clean dining tables and classroom eating surfaces thoroughly before and after meals/snacks; and
- work closely with our kosher catering providers to ensure strict allergen labelling, ingredient verification, and safe meal service.

Risk-Aware Allergen Approach (No 'Nut-Free' Guarantee Claims)

In accordance with Department for Education and allergy charity guidance, no food or school environment will be described or guaranteed as 'nut-free' or 'allergen-free', as total elimination cannot be guaranteed.

Instead, Rimon operates a strict risk-aware, allergen-managed approach underpinned by Individual Healthcare Plans, parent partnership, careful food controls, and staff vigilance.

8. Classroom Practice

All classroom staff at Rimon will:

- check food ingredients and packaging labels thoroughly where food is brought into class;
- avoid using food items as classroom rewards or prizes;
- complete allergen checks and risk assessments prior to any cooking, baking, or Chagim (festival) food activities;
- consider potential allergens (such as seeds, food products, or latex) during science and sensory investigations; and
- actively supervise children during snack and lunch periods, prohibiting food sharing or swapping.
- Safe Fruit & Snack Preparation (Reception to Year 2): To prevent choking, all fruit and snacks sent from home or prepared in school for pupils up to and including Year 2 must be cut up safely before consumption—specifically cutting small round fruits (such as grapes, cherry tomatoes, large blueberries, and satsuma segments) lengthways into halves or quarters, and slicing or grating firm fruits and vegetables (such as apples, pears, and raw carrots). Pupils must always eat while seated and within sight and hearing of supervising staff.

9. Educational Visits

All off-site educational visits, residential trips, and sporting fixtures must include a specific allergy risk assessment covering:

- full allergy details and Individual Healthcare Plans for all participating pupils;
- secure transportation and immediate accessibility of pupils' prescribed AAIs (and spare AAI where appropriate);
- allocation of staff trained in anaphylaxis recognition and AAI administration;
- clear emergency response procedures and mobile communication arrangements; and
- nearest Accident & Emergency hospital locations and route access.

A pupil's prescribed Adrenaline Auto-Injector(s) must accompany them on every off-site visit without exception.

10. Before and After School Clubs & External Providers

The exact same allergy safety standards and emergency protocols apply across all extended school provision, including:

- Breakfast Club;
- After School Club / Wrap-Around Care;
- Extra-curricular sports, arts, and enrichment clubs;
- Off-site educational visits and fixtures; and
- External club leaders and hirers operating on Rimon premises.

All external providers are briefed on relevant pupil allergies prior to commencing and are contractually required to comply with this policy.

11. Recognising Anaphylaxis

Anaphylaxis is a severe, potentially life-threatening allergic reaction. Symptoms may develop rapidly and can include one or more of the following (Airway, Breathing, or Circulation signs):

- difficulty breathing, noisy breathing, or shortness of breath;
- wheezing or persistent, hoarse cough;
- swelling of the lips, tongue, face, or throat;
- difficulty swallowing or speaking (or hoarse voice);
- dizziness, light-headedness, or feeling faint;
- sudden pale, clammy skin, floppiness, collapse, or loss of consciousness.

12. Emergency Procedures

EMERGENCY PROTOCOL — SUSPECTED ANAPHYLAXIS

Step 1 — Administer AAI Immediately: Administer the child's Adrenaline Auto-Injector (AAI) into the outer mid-thigh immediately. Do NOT delay. Keep the child lying down (with legs raised if dizzy/pale) or sitting upright if struggling to breathe. Do not allow them to stand or walk.

Step 2 — Call 999 Immediately: Dial 999 for an ambulance and state clearly: Child suffering anaphylaxis. Adrenaline has been administered. Give the school address: Rimon Jewish Primary School, 41a Dunstan Road NW11 8AE

Step 3 — Collect Spare AAI & IHP: Send a second adult immediately to collect the spare emergency AAI and the pupil's Individual Healthcare Plan, and to meet paramedics at the school entrance.

Step 4 — Monitor & Second Dose at 5 Minutes: Monitor the child continuously. If symptoms do not improve or worsen after 5 minutes, administer a second AAI in the opposite thigh.

Step 5 — Contact Parents: Inform parents/carers as soon as practicable once emergency services have been called.

Step 6 — Record, Review & Replace: Record the exact time of each AAI dose (give used devices to paramedics), log the incident on CPOMS, review procedures with the Allergy Lead/Headteacher, and arrange immediate replacement of used medication.

13. Staff Training

All staff at Rimon Jewish Primary School will receive mandatory annual training covering:

- whole-school allergy awareness and allergen risk reduction;
- recognising mild, moderate, and severe allergic reactions (anaphylaxis);
- practical demonstrations and hands-on practice using trainer Adrenaline Auto-Injectors (EpiPen / Jext);
- understanding and implementing Individual Healthcare Plans (IHPs); and
- step-by-step school emergency response procedures.

All new staff, supply teachers, and trainee teachers receive allergy awareness and AAI location briefings during their school induction.

14. Record Keeping

Rimon Jewish Primary School maintains accurate, confidential records including:

- Whole-School Allergy Register (held securely on Arbor MIS and accessible to authorised staff);
- Individual Healthcare Plans (IHPs) and signed parental consent forms;
- Staff allergy & anaphylaxis training logs (recorded on the Single Central Record / staff training log);
- Termly AAI and emergency medication expiry audit records;
- Allergic incident reports (logged on CPOMS and reported under RIDDOR where applicable); and
- Near-miss reports (logged on CPOMS and reviewed by SLT and the Allergy Lead).

All medical and safeguarding records are stored securely in accordance with UK GDPR and data protection requirements.

15. Communication

Essential allergy and Individual Healthcare Plan information is communicated clearly and confidentially to:

- class teachers and specialist subject teachers (including Ivrit, PE, and music staff);
- teaching assistants and pastoral/medical staff;
- school office and administrative staff;
- lunchtime supervisors and school catering staff; and
- supply staff, volunteers, and external club providers where appropriate.

Pupil medical confidentiality and dignity will be respected and maintained at all times.